

PREFERENCES: ROUTINES AT HOME

List your preferences about routines at home.

1. The way I like to start my day is...

2. To me, a good meal at home means...

3. When I prepare a meal, I like to...

4. The ways I like to spend my weekends are...

5. My favorite ways to spend an evening at home are..

6. Other things I like to do at home as hobbies or just for fun are...

7. The ways I relax at home are...
